

For any eye problem your first port of call should be an optometrist. An optometrist is the best person to assess urgent eye problems, check for eye disorders and treat eye conditions. They have the professional training and necessary equipment to assess most eye problems and will refer you to see a specialist when necessary. All appointments are NHS funded.

This service can be used for any concerns you may have with the health of your eyes including (but not limited to):

Red eye(s)	Something in your eye
Sore eye(s)	Eye infections
Deterioration of eyesight	Other disturbance of eyesight
Cataracts	Scratched eye(s)

If you already have your own optometrist you should contact them in the first instance as having previous clinical records is very useful.

If you do not already have an optometrist there is a list of some of those in the local area on the back of this sheet. Please contact them and they will arrange to see you. You can also choose to visit any optometrist providing NHS services for treatment.

Note that when you contact the optometrist of your choice their staff will assess your symptoms and offer you an appropriate appointment. The time you will have to wait will depend on the severity and duration of your symptoms. Emergency problems will be seen quickly. If your problem is urgent and they cannot manage to see you they will find someone who can.

After the appointment they may send you to a local pharmacy or request a prescription from your GP for appropriate medication or, if necessary, refer you to a hospital specialist. A report will be sent to your GP so they have a complete record.

Lothian Eye Health Network Practices

20/20 Opticians
139 Gorgie Road
Edinburgh
EH11 1TH
0131 346 8102

Black & Lizars
98 Lothian Road
Edinburgh
EH3 9BE
0131 229 7738

Black & Lizars
20 Frederick Street
Edinburgh
EH2 2JR
0131 257 4257

Boots Opticians Ltd
101-103 Princes Street
Edinburgh
EH2 3AA
0131 225 6397

Boots Opticians Ltd
13B Cameron Toll Centre
6/5 Lady Road Edinburgh
EH16 5PB
0131 664 2545

Colinton Opticians
56 Bridge Road
Edinburgh
EH13 0LQ
0131 441 5441

Lyndsay Brown
27B Marchmont Road
Edinburgh
EH9 1HY
0131 229 8043

McGrath's Opticians
11 Queensferry Street
Edinburgh
EH2 4PG
0131 225 7029

Optical Express
23 Shandwick Place
Edinburgh
EH2 4RG
0131 228 3334

Optical Express
40 Colinton Road
Edinburgh
EH10 5BT
0800 023 2020

R C Cunning
114 Bruntsfield Place
Edinburgh
EH10 4EQ
0131 229 9829

Rifkind & Brophy Opticians
247A Morningside Road
Edinburgh
EH10 4QU
0131 447 2165

S R Hyslop
40 Home Street
Edinburgh
EH3 9LZ
0131 229 7651

Specsavers Opticians
14-16 Shandwick Place
Edinburgh
EH2 4AN
0131 240 8860

Specsavers Opticians
27 North Bridge
Edinburgh
EH1 1SB
0131 558 5260

Specsavers Opticians
302 Morningside Road
Edinburgh
EH10 4QH
0131 446 9960

Spex Opticians
37 Drum Street
Edinburgh
EH17 8RQ
0131 666 0366

Trotters Opticians
44 George Street
Edinburgh
EH2 2LE
0131 225 4805

Vision Express
24 Frederick Street
Edinburgh
EH2 2JS
0131 556 5656

Vision Express
151 Morningside Road
Edinburgh
EH10 4QL
0131 447 9000